

Registration Information Package Spring 2019 Session April 1 – May 25, 2019

Sanctioned by Skate Canada, the Markham Skating Club (MSC) offers a wide range of top quality programs. From "learn to skate" programs to adult lessons, and Performance Enrichment to Power Skating, we strive to offer something for everyone. Our ultimate mission is to inspire a life long love for the sport of skating.

Spring sessions are held at Mount Joy Arena

(North side of 16th Avenue, just east of Hwy 48; enter beside St. Brother André High School).

REGISTRATION OPENS February 19th at 6pm REGISTER ONLINE AT: www.markhamskatingclub.com

No registrations will be accepted prior to February 19 at 6pm.

All registrations are processed on a first-come, first-served basis.

Sessions fill quickly. Register early to ensure you obtain space in your preferred sessions.

If you prefer to pay by cash or cheque, or if you need help with the online process, registrations will be taken in person at the Markham Village Arena lobby on February 19 from 6-8pm. After registration opens, in-person registrations will continue to be accepted during office hours.

Questions? You can always contact us by phone: (905) 472-6982 or email: info@markhamskatingclub.com

OFFICE HOURS

From February 16-24, the office is closed during daytime hours (voicemail and email will be checked regularly); evening and Saturday hours continue at Markham Village Arena until April 1 at which time evening office hours will be at Mount Joy (daytime hours continue at Markham Village).

REGULAR OFFICE HOURS – FEBRUARY 24-MAY 25

	Daytime Evening		
Monday	10:00am – 3:00pm	5:00pm – 6:30pm	
Tuesday	10:00am – 3:00pm	7:00pm – 9:00pm	
Wednesday	Closed	Closed	
Thursday	10:00am – 3:00pm	5:00pm – 7:30pm	
Friday	Closed	6:00pm – 8:00pm	
Saturday	10:00am – 12:30pm	Closed	

Programs under sanction of Skate Canada – Club No. 1000444 Contact us by phone: (905) 472-6982 or email: info@markhamskatingclub.com



PROGRAMS AND QUALIFICATIONS

Individuals must be registered in the full program and must skate at their scheduled time each week; drop-ins to other sessions cannot be accommodated.

Skaters must have met the criteria for their selected program as of February 18, 2019.

Pre-CanSkate

Pre-CanSkate is an introductory session taught by professional coaches. It is taught in a flexible manner and is designed to be an enjoyable time for preschool children (ages 3-5) while they learn the fundamentals of skating. **CSA-approved helmets are mandatory. Skaters must ALWAYS wear skate guards when not on the ice.**

CanSkate

CanSkate is a beginner program for skaters aged 5 and up who are able to stand up and move around competently on the ice. Our coaches work hard to ensure a fun time with 30 minutes of small group instruction per session and an exceptionally low skater-to-coach ratio. Ribbons and badges are awarded as skaters master the fundamentals to prepare for success in more advanced Skate Canada programs. **CSA-approved helmets are mandatory until skaters pass CanSkate Stage 5. Skate guards are also mandatory and must always be worn when skaters are not on the ice.**

STARSkate

STARSkate programs (Intermediate, Senior, Advanced, Gold) afford skaters the opportunity to develop their figure skating in the areas of ice dance, skating skills, free skate and interpretive skating. Skaters may take tests through Skate Canada's nationally standardized testing system, but testing is not mandatory. Skaters who have mastered figure skating skills in STARSkate may choose to pursue synchronized or pairs skating, enter competitions, become involved in judging and more. All STARSkate levels include a stroking session at the start of each session or a cool down session at the close of the session.

Intermediate Qualification: passed CanSkate Stage 6. Includes 2 10-minute group lessons in addition to a 10-minute stroking session at the start of the session. Although additional private coaching is not mandatory, it is recommended at this level; coaching must be arranged directly with the coach of your choice. Private coaching cannot be arranged through the office. See our website for details on our coaching team.

Senior Qualification: passed any complete Star 2 test OR one complete Preliminary test (Dance, Skills or Freeskate). Additional private coaching is mandatory at or above this level. **Advanced/Gold Qualification:** passed any 3 of the following 4:

- 1. Star 3 Freeskate,
- 2. Star 5 Freeskate,
- 3. Star 5 Skills,
- 4. Senior Bronze Dances.

(Some qualification exceptions may apply; talk to your coach).

Adult/Teen

Adult/Teen sessions offer a fun, professionally coached environment for those aged 13 and up to improve basic skating skills or maintain more advanced skills. Session fees include a group lesson with a professional coach. Helmets are mandatory for skaters who are just learning, or who have not passed the equivalent of CanSkate level 5. If you are unsure of your level, bring a helmet to the first session and our coaches will assess your level. Skaters working on Senior Silver or higher dances can join the Advanced session on Thursdays at 8:30 pm for additional dance practice time before the Adult session.



Adult/Teen Add-ON

New this year! Saturday Adult/Teen Add-On practice session provides adults with an additional time-slot to practice their skating skills. No group lessons are offered during the practice ice, but skaters can arrange their own lessons with a professional coach during the Add-On session. Skaters on this session must register for the Adult/Teen session to add this to their registration.

Performance Enrichment

Our **Performance Enrichment Program (PEP)** is a great way for dedicated, goal-oriented skaters to move ahead quickly as it is designed to improve skaters' edges, stamina, skill and form. PEP skaters receive group lessons, coach-led drills, performance training and more. Participants must be at the Intermediate level or higher, and must also skate a minimum of one other session per week at MSC. Before enrolling in PEP, skaters must consult with their coach to ensure the program is appropriate for their skill level. Skaters in this program are coached throughout the entire session. Thirty minutes of off-ice training (either before or after they skate) is included in PEP program fees. Choice of off-ice class time must be made at time of registration.

Power Skating

CanPower programs are a great next step for skaters who have completed CanSkate 5 or 6 and prefer not to pursue figure skating. **These are NOT "learn to skate" programs.** MSC's power skating programs are led by coaches with a combined 35+ years of experience in power skating. The CanPower program is designed to build strong skating skills for new and experienced hockey and ringette players. Focus is placed on edge quality and control, body alignment and balance. A variety of stopping, starting and turning exercises will challenge the skaters both physically and mentally, helping to develop better on-ice coordination and body awareness.

- Our Tuesday early session caters to younger players (min. 6 years old) looking to further develop their basic skating skills. Skaters must be able to skate the length of the rink either forward or backward and must be able to stop on command. Skaters MUST have passed CanSkate Stage 5.
- Our Tuesday later session is for skaters at least 8 years old. This session is for more advanced skaters playing rep hockey (or aiming to do so). Skaters must be able to perform forward and backward crosscuts, and be able to stop in both directions. Skaters MUST have passed CanSkate Stage 5.
- Due to increased demand, we've added a Saturday morning Power Skate to our Spring session. Note that Skaters MUST have passed CanSkate Stage 5.

All power skaters must wear full hockey equipment (CSA-approved). Bring a hockey stick – it will be incorporated into many drills.

Guest Skating/ Alumni

Current Skate Canada Members at the Intermediate level or above may buy guest passes at \$25 per session for a maximum of 6 sessions per year. Pre-registration and pre-payment is required. MSC Alumni (minimum of Senior qualifications) may receive 6 guest passes per season at a reduced fee of \$125.

Add a Session

Current MSC Members at the Intermediate level or above can "add a session" to their usual weekly schedules at a fee of \$10 per additional single session. Skaters must be qualified for the session they are adding, and space must be available on the session requested. Pre-registration and pre-payment in full is required. Max. 6 "add on" single sessions per year.



Ticket Ice

Ticket ice refers to ice time available to MSC skaters outside our regular session schedule. Skaters seeking additional practice time MUST book this time in advance with their private coach. **Ticket ice times are: Tuesdays 3pm-4pm and Wednesdays 3pm-4pm.** Ticket ice is subject to cancellation from time to time, so check with your coach before arriving.

Ticket ice MUST be booked in advance through the office, or online from our website. Skaters must have a physical paper ticket before stepping on the ice. Tickets are \$10 for a single session, or \$40 for 5 tickets. Non MSC-skaters (guest skaters) must be current Skate Canada members, and may use MSC ticket ice at \$25/session. All skaters must be accompanied by a coach.

SCHEDULES

While every effort is made to ensure that schedules for all programs are fair and equal, holidays, special events and test days may affect sessions; please consider the list of Key Dates (p.8) when choosing your sessions. Times and schedules are subject to change. Whenever possible, notices will be emailed to members, posted on the MSC website, and posted in the arena lobby.

1) ON-ICE TRAINING

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
4:10-5:20	4:10-5:30	4:10-5:30	4:10-5:30	4:10-5:10	8:10-9:00
Int/Senior	Adv/Gold	Int/Senior	Senior	Senior/Adv	Power
5:30-6:20	5:40-7:00	5:40-6:10	5:40-6:30	5:10-6:10	9:10-10:00
Pre/CanSkate	Int/Senior	PEP*	Pre/CanSkate	Int/Senior	Pre/CanSkate
6:20-7:30	7:10-8:00	6:20-7:30	6:30-7:20	6:20-7:10	10:00-10:50
Int/Senior	Power	Senior	Pre/CanSkate	Pre/CanSkate	Pre/Canskate
7:40-9:00	8:10-9:00	7:40-9:00	7:30-9:00	7:10-8:00	11:00-11:50
Adv/Gold	Power	Adv/Gold	Adv/Gold	Pre/CanSkate	Pre/CanSkate
			8:30-9:00		11:50-12:50
			Adv/Adult Dance**		Intermediate
			9:10-10:00		1:00-2:00
			Adult/Teen		Senior/Adv/ Adult***

^{*}PEP (Performance Enrichment Program) includes 30 minutes of off-ice training either immediately before or after the on-ice class on Wednesdays. When you register, select your off-ice session (before or after skating) you will take.

2) OFF-ICE TRAINING

At MSC, we are committed to giving our skaters the best training possible and believe in the benefits of training "beyond the ice." Our off-ice sessions are designed to reduce risk of injury, build a strong muscular foundation, and maximize skating potential. These classes help skaters handle the physical demands of figure skating, including jumps, spins and programs. Our off-ice training classes are led by a Certified Athletic Therapist with extensive experience working with athletes.

One off-ice class is included in the fees for every skater at the Intermediate level or higher. Classes are every Thursday for the duration of the skating season. Space is limited to a maximum of 20 students per class, so sign up for your off-ice training when you register for your on-ice sessions.

^{**}Adult skaters working on Senior Silver dances or higher can join the last 30 minutes of the Thursday Adv/Gold session for dance practice. There is no additional charge.

^{***} Qualification to register for Saturday Adult Add-On session is Junior Silver dances or higher.



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		PEP Off-Ice #1	Off-Ice Class #1		
		5:00-5:30	5:40-6:30		
		PEP Off-Ice #2	Off-Ice Class #2		
		6:20-6:50	6:30-7:20		
			Off-Ice Class #3 (Adult)		
			7:30-8:20		

ON-ICE SCHEDULE BY PROGRAM (Office staff is available during part or all of sessions with *)

Pre-CanSkate & CanSkate (Pre/Can) Monday 5:30-6:20*		
	Thursday 5:40-6:30*	
	Thursday 6:30-7:20*	
	Friday 6:20-7:10*	
	Friday 7:10-8:00*	
	Saturday 9:10-10:00*	
	Saturday 10:00-10:50*	
	Saturday 11:00-11:50*	
Intermediate (Int) Monday 4:10-5:20 (with Senior)*		
	Monday 6:20-7:30 (with Senior)*	
	Tuesday 5:40-7:00 (with Senior)*	
	Wednesday 4:10-5:30 (with Senior)	
	Friday 5:10-6:10 (with Senior)*	
	Saturday 11:50-12:50*	
Senior (Sr)	Monday 4:10-5:20 (with Intermediate)	
	Monday 6:20-7:30* (with Intermediate)	
	Tuesday 5:40-7:00 (with Intermediate)	
	Wednesday 4:10-5:30 (with Intermediate)	
	Wednesday 6:20-7:30	
	Thursday 4:10-5:30*	
	Friday 4:10-5:10* (with Advanced)	
	Friday 5:10-6:10* (with Intermediate)	
	Saturday 1:00-2:00* (with Adv/Silver Gold)	
Advanced/Gold		
	Monday 7:40-9:00	
	Monday 7:40-9:00 Tuesday 4:10-5:30	
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	Tuesday 4:10-5:30	
	Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior)	
	Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior) Saturday 1:00-2:00 (with Senior)	
Power	Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior) Saturday 1:00-2:00 (with Senior) Tuesday 7:10-8:00*	
Power	Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior) Saturday 1:00-2:00 (with Senior) Tuesday 7:10-8:00* Tuesday 8:10-9:00*	
	Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior) Saturday 1:00-2:00 (with Senior) Tuesday 7:10-8:00*	
Adult/Teen	Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior) Saturday 1:00-2:00 (with Senior) Tuesday 7:10-8:00* Tuesday 8:10-9:00* Saturday 8:10am-9:00am Thursday 9:10-10:00	
	Tuesday 4:10-5:30 Wednesday 7:40-9:00 Thursday 7:30-9:00 Friday 4:10-5:10 (with Senior) Saturday 1:00-2:00 (with Senior) Tuesday 7:10-8:00* Tuesday 8:10-9:00* Saturday 8:10am-9:00am	

Skaters must attend their session on the same day each week.
Walk-ons and drop-ins cannot be accommodated.
No make-up days are provided for missed lessons.



SESSION FEES

	Number of Sessions/Week			'eek
Session	1	2	3	4
Pre-CanSkate	\$145	\$240	\$335	
CanSkate	\$160	\$265	\$370	
Intermediate	\$180	\$300	\$425	\$460
Senior/Advanced/Gold (min. 2 sessions/week)		\$330	\$455	\$500
PEP/Rising Stars (must <u>also</u> take at least 1 other session;	\$110			
includes 30 minutes off-ice training)				
Adult/Teen	\$175			
Adult/Teen Add-On (must register for Adult/Teen)	\$25			
Power	\$185			
Off-Ice Class	n/c	n/c		

PAYMENT

- All fees for Spring sessions must be paid in full at the time of registration (no instalment payments).
- Cash or Cheque: Accepted through in-person registration only (no online option).
- Visa/MasterCard: Accepted online or in person.
- Session choice cannot be confirmed until payment is made in full.
- All skaters wishing to participate in private coaching, Skate Canada testing, or competitions of any kind must be a "Member in Good Standing" (i.e. all fees paid in full) and must have enrolled in an appropriate MSC program with the minimum required days of skating.

SKATE CANADA FEE

All skaters in Skate Canada-sanctioned clubs are required to pay an annual Skate Canada Membership fee, which will be applied at time of registration. Skate Canada memberships expire on August 31 of each year. This fee will be applied at time of registration if you have not already paid this fee for the current year.

Please note that if you skated with MSC in Fall/Winter 2018-19, your membership is valid until August 31, 2019. If you did not skate with MSC in the Fall/Winter session, this mandatory fee will be applied to your registration.

FAMILY DISCOUNT/PROGRAM ASSISTANT (PA) DISCOUNT

- Families with 2 skaters at MSC will receive a 2.5% discount on total membership fees. Families with 3 or more skaters at MSC will receive a 5% discount on total membership fees. All skaters accepted into the Program Assistant (PA) program will receive a 3% discount on their fees. Discounts are applied as a credit on your account once the PA has completed his/her skating season as a PA.
- (Discounts do not apply to Skate Canada membership fee). In order to receive the PA discount, <u>you must</u> select your PA session at the time you register.

CANCELLATIONS/REFUNDS

- a) If a written request to cancel a session registration is received prior to the start of skating, a refund will be granted, less a \$35 administration fee, and less the cost of the Skate Canada fee.
- b) After the 1st day of classes, there are no credits except for medical reasons. Requests for credits must be supported by a doctor's note, and all requests must be approved by the MSC Board of Directors. In this case, credits are pro-rated and the Skate Canada registration fee is non-refundable.
- c) All credit balances remaining unused on a client account for two (2) years are cleared.



NSF CHEQUES / RETURNED PAYMENTS

A \$45 fee will be levied for returned payments, which must be replaced with a certified cheque or other guaranteed form of payment. Replacement payment must be received within 14 days to continue membership with MSC.

NON-MEMBER REGISTRATIONS

Since many of our programs are at capacity, MSC Member registrations will be accepted prior to "non-member registrations". Skaters registered with an alternate club as their "home club" will be permitted to register for sessions after April 1, 2019. All non-member registration requests will be reviewed on an individual basis by the MSC Board of Directors.

CODE OF CONDUCT/ANTI-BULLYING POLICY

All skaters/guardians must read and agree to adhere to MSC's Code of Conduct before registration will be considered complete. Copies are available at the MSC office, or you can download it from our website.

We maintain a strong stance on bullying, and we expect all our skaters and parents to adhere to the Skate Canada anti-bullying policy, to ensure a warm and welcoming place for children, teens and parents. A link to this policy is also available on our website.

SAFETY

Skate guards are to be worn at all times unless you are on the rubber mat at the rink entrance or on the ice. This is not only a safety regulation but also a sensible practice to protect your skate blades. Please use the dressing rooms for changing before and after lessons and keep the lobby free of skating apparel.

PROGRAM ASSISTANTS

MSC offers a wonderful opportunity for skaters to assist our Professional Coaches as Pre-CanSkate and CanSkate Program Assistants (PAs). Skaters are eligible to be a PA if they are registered on the Intermediate session or higher AND are 10 years of age or older. High school students may allocate these volunteer hours toward their Community Involvement requirements. In addition, Program Assistants receive a 3% discount on session fees. NOTE: PA hours are to be scheduled when you register for your sessions.

VOLUNTEER OPPORTUNITIES

MSC is a non-profit organization run by dedicated and hard-working volunteers. All members are encouraged to join our volunteer team. Individuals can donate time and expertise at any level—from helping out on test day to joining the Board of Directors. Email us at info@markhamskatingclub.com to learn more.

COSTUME AND DRESS RENTAL – "THE LOFT"

Costumes, test dresses, competition outfits and more are available for rent at extremely reasonable prices through the MSC rental business known as "The Loft". <u>Test dresses can be rented for as low as \$15!</u> We also have a great selection of skating pants and shirts for boys.

Come see our fabulous new costumes, including all the costumes you saw in our 2018 Ice Show! We have hundreds of outfits for adults and kids; colourful skating dresses, Disney characters, medieval, western, fantasy, Wizard of Oz, genies, pirates, 1920s, through 1980s themes, flapper dresses, tuxedos, poodle skirts, international costumes, animals, fish, flower costumes, top hats, fedoras and more!



Our costumes are ideal for dance recitals, skating tests and shows, parades, theatrical productions, masquerades, school plays, Halloween and theme parties.

The Loft is located within the arena, at the south end of the ice, underneath the score clock. We are open by appointment only. Call 905-294-0673 or email costumes@markhamskatingclub.com.

KEY DATES

Equity among programs is considered when our schedule is created, but please consider these dates when choosing your sessions. Times and schedules are subject to change; whenever possible, notices will be posted on the MSC website, emailed to members and posted in the arena and on social media. Be sure we have your email address!

February, 2019	Saturday, February 16 – YES, there are sessions today (Family Day weekend)
	Monday, February 18 – Arena closed for Family Day (no sessions on the MONDAY)
	Tuesday, February 19 – Spring session registration opens at 6pm
March, 2019	Saturday, March 9-Saturday March 16 – March Break (yes, there are sessions)
	Wednesday, March 27 – Test day (no sessions)
	Saturday, March 30 – Last day of fall/winter session
April, 2019	Monday, April 1 – Spring session starts
	Friday, April 19-Monday, April 22 inclusive – Easter weekend (no sessions)
	April 23-28 – New Skater: Pre-CanSkate & CanSkate Parent Information Sessions (during
	sessions)
May, 2019	Saturday, May 4 – Annual Spring Awards Banquet (evening)
	Saturday, May 18-Monday May 20 (inclusive) – Victoria Day weekend (no sessions)
	Wednesday, May 22 – Test Day (no sessions)
	Saturday, May 25 – Last day of spring skating
June, 2019	Tuesday, June 11 @ 7:30 pm – Annual General Meeting

IMPORTANT – WE NEED TO CONTACT YOU!

Staying subscribed to email from MSC is vitally important. We need to keep you updated about things like schedule changes or session cancellations. If you do not have email, please be sure to regularly check our website, social media or the lobby bulletin board. If you think you are not receiving email from us, please call the office.



PROFESSIONAL COACHING STAFF

At MSC we are very proud of our coaching team. Some have coached with us for many years; some even learned to skate with MSC! Many of our coaches have been national champions and international competitors, and all are N.C.C.P. certified members of Skate Canada. Our coaches teach both male and female skaters of all levels of ability and experience, from "learn to skate" through gold levels. To book private lessons, please contact the full-time coach of your choice directly for information.

Teri-Lynn Black-Calleri	416-580-7297
Deborah Botticella	905-830-8101
Michele Britten	905-640-8488
Candice Glover	647-223-8967
Darcy Guddat	905-294-2485
Brandon Herdman	416-559-2696
Tracey Jones	905-721-1921
Karolina Mazur	416-803-4092
Katelyn Toms	647-515-4909

BOARD OF DIRECTORS

The Markham Skating Club's Board of Directors governs the overall MSC business. This group of volunteers meets once a month to ensure the successful operations of our programs and club activities. We are committed to the success of MSC and are always seeking new ideas to enhance our programs and Club. If you wish to contact a board member, feel free to email our office via email or phone and we will connect you.

President	Shawna Sheldon
Vice President	Sylvia Sicuso
Secretary	Karen Cheah
Treasurer	Cathy Manion
Test Chair	Tammy Dawson
Registration Coordinator	Jen Hayward
Communications Coordinator	Sylvia Sicuso
Competition Coordinator	Stephanie Lai
Property Manager	Maggie Waddington
Office & Coach Liaison	Cathy Manion
Program Coordinator	May Lam
Special Events Coordinator	Susan Wood
Director at Large	Jackie Bartkiw

Markham Skating Club - P.O. Box 77055 - Markham ON L3P 0C8 905-472-6982

www.markhamskatingclub.com email: info@markhamskatingclub.com

